

Christopher Ian Chenoweth

"How To POWER Pray"

Seven day spiritual experience

Get a <u>prayer partner</u>, or partners. Choose someone that you will pray with daily in person, or by telephone, for the next seven days.

<u>Day One</u>-- <u>Time tithe</u>, six minutes out of every hour back to God, placing God first in your life.

<u>Day Two</u> -- <u>Focus your "thinking," list your prayers.</u>

<u>Day Three</u> -- Work on "<u>feeling</u>" each of your prayers. Visualize and expand mental equivalents

<u>Day Four</u> -- Total <u>expectation</u> day, total <u>acceptance</u> day, <u>T.A.B.</u> each prayer (Totally Accepted Belief)

Day Five -- Nine-hour Novena

1) Once every hour (preferably at the same time) for nine hours in a row (even if that means waking from sleep), say the following prayer or a similar one:

Ask and I will receive, seek and I will find: knock and it will be open to me. Dear God, I ask, I seek, I knock, and I know that You are at work right now to bring about ---

- 2) Make whatever specific claim is required.
- 3) After the ninth time say, "I place (this matter) lovingly in the hands of God. AMEN!

<u>Day Six</u> -- <u>Praying for Others</u> all day long. Giving good positive prayer and seeing the good in all situations and in others as you each experience God.

<u>Day Seven</u> – <u>THANKSGIVING</u> all day long. Taking a complete thanksgiving inventory of your life past present and future in giving thanks for each experience, material object, and person.

Join Positive Christianity <u>TUESDAY NIGHT for one hour of quiet united prayer</u>. 10 PM Eastern, 9 p.m. Central, 8 p.m. mountain, 7 p.m. Pacific. Sit in the silence of prayer and feel the peace of God.

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